

Grace Before Meal

Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty. Through Christ our Lord. Amen.

Morning Prayer

Father, you have brought us to the beginning of a new day. Your hand is upon us to care for and protect us. We offer you our lives and hearts. May we always do your will and love our neighbor as ourselves. Amen.

Evening Prayer

By Saint Macarius

O eternal God and Ruler of all creation, You have allowed me to reach this hour. Forgive the sins I have committed this day by word, deed or thought.

Purify me, O Lord, from every spiritual and physical stain. Grant that I may rise from this sleep to glorify You by my deeds throughout my entire lifetime, and that I be victorious over every spiritual and physical enemy.

Deliver me, O Lord, from all vain thoughts and from evil desires, for yours is the kingdom, and the power, and the glory, Father, Son, and Holy Spirit, now and forever. Amen.

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